

Remote Patient Monitoring (RPM) - Policy By State

State	Program	Agency Limitations	Reimbursement Method	Clinical Conditions	Type of Monitoring	Provider	Other Restrictions	Comments
AL	Medicaid (through Patients 1st)	Patients must be referred to the In-Home Monitoring Program	Billing units: 5 minutes equals 1 unit	<ul style="list-style-type: none"> • Diabetes • Hypertension • Congestive heart failure 	May transmit readings for: <ul style="list-style-type: none"> • Blood pressure • Pulse • Glucose • Weight Data transmission occurs through a secure telephone line	N/A	N/A	Patients 1st is a primary care case management program with 420,000 in-state program participants
AK	Alaska Medicaid	N/A	N/A	N/A	Telemedicine application	N/A	N/A	N/A
CO	Medicaid	Home health agency	Flat fee	<ul style="list-style-type: none"> • Congestive heart failure • Chronic obstructive pulmonary disease • Asthma • Diabetes 	N/A	Data must be reviewed by RN or licensed practical nurse	<ul style="list-style-type: none"> • Patient must require monitoring at least 5 times weekly to manage disease • Must have been hospitalized 2 or more times in the last year • Patient or caregiver misses no more than 5 monitoring events in a 30-day period • Patient's home has space for equipment • The home health agency shall make at least 1 home health nursing visit every 14 days 	Also applies to MCOs
KS	Medicaid	Home health agency	Billed as a telemedicine visit	N/A	Face-to-face real time interaction to monitor condition/symptoms	<ul style="list-style-type: none"> • RN • LPN 	<ul style="list-style-type: none"> • Specific consent requirement • Must not exceed two visits per week for non-home and community-based service patients 	N/A

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LA	Medicaid under Community Choices Waiver	Home health agency	Reimburse an installation fee and a monthly maintenance fee	N/A	System must: <ul style="list-style-type: none"> • Monitor the home's points of egress and entrance • Detect falls • Detect movement or lack of movement • Detect whether doors are opened or closed; and • Provide a push button emergency alert system 	N/A	Preapproval required	N/A
MN	Elderly Waiver and Alternative Care Program	Home health agency	N/A	N/A	N/A	N/A	Need prior authorization	N/A
NY	Medicaid	<ul style="list-style-type: none"> • Home health agency • Long-term home health care program • AIDS home care program • Licensed home care services agency under contract 	A demonstration rate will be set to reflect cost of daily operations and provision of services	N/A	Services include: <ul style="list-style-type: none"> • Monitoring of patient vital signs • Patient education • Medication management • Equipment maintenance • Review of patient trends or changes in condition • Other activities the commissioner deems necessary 	N/A	N/A	The Commissioner is required to establish a demonstration project

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TX	Medicaid	Home health agency	Setup and daily monitoring is required	<ul style="list-style-type: none"> • Hypertension • Diabetes 	N/A	<ul style="list-style-type: none"> • RN • NP • Clinical nurse specialist • PA • Physician 	<p>Patients must exhibit two of the following risk factors:</p> <ul style="list-style-type: none"> • Two or more hospitalizations in the prior 12-month period • Frequent or recurrent emergency room admissions • A documented history of poor adherence to ordered medication regimens • A documented history of falls in the prior 6-month period • Limited or absent informal support system • Living alone or being home alone for extended periods of time; and • A documented history of care access challenges <p>Prior authorization required</p> <p>Providers must be enrolled and approved as home telemonitoring service providers</p>	Regulation gives TX Medicaid leeway to expand to other conditions, but they don't

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UT	Medicaid pilot project	Skilled nurse pilot project	Billed as a telemedicine visit	Diabetes	<p>Monitoring for:</p> <ul style="list-style-type: none"> Compliance in taking medications, foot condition/assessment of wounds or inflamed areas, blood glucose monitoring. Education which may include a review in knowledge of the disease process, diet or nutritional counseling Exercise and activity, diet /activity adjustment in illness/stress, medication, and glucometer use evaluation <p>Live video</p>	RN	<p>An assessment at the patient's home by a home health agency registered nurse finds that:</p> <ul style="list-style-type: none"> The patient is unable to leave the home Is suitable for participation in the program Requires at least 2 skilled nursing home visits a week <p>Patient must reside in underserved rural areas and would have to travel more than 50 paved road miles to obtain these services in person Home health care has a 4-hour limit for all education purposes</p>	The agency must provide at least 2 in-person visits per week by a home health nurse, and may use telehealth home health services only as a supplement to the in-person visits
	Medicaid	Home health visits	Billed as a home care visit through telemedicine	Services are provided for clients who have been diagnosed with an unstable condition, and who may be at risk for hospitalization or a more costly level of care	<p>Monitoring includes:</p> <ul style="list-style-type: none"> Assessment and monitoring of clinical data including, but not limited to, vital signs, pain levels and other biometric measures specified in the plan of care Assessment of response to previous changes in the plan of care; Detection of condition changes based on the telemedicine encounter that may indicate the need for a change in the plan of care Implementation of a management plan 	<ul style="list-style-type: none"> RN LPN 	Coverage is limited to one telemedicine interaction, per patient, per day, based on the ordering licensed practitioner's care plan	Long list of ineligible services