

# Telehealth for Consumers

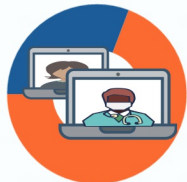
Telehealth is the use of electronic technology to provide health care and services to a patient when the provider is in a different location

## Telehealth Modalities



### Store and Forward

the electronic transmission of medical information via a secure transmission



### Video Conferencing

interactive, real-time audio and video technology that provides a live exchange



### Remote Patient Monitoring

collection of data from individuals in one location that is electronically transmitted to a clinician for assessment



### Mobile Health

the provision of health care services and personal health data via mobile devices (also known as mHealth)

## Common Uses for Telehealth

dermatology

chronic disease

mental health

stroke

urology

ICU



## Telehealth Resource Centers

Telehealth Resource Centers are federally funded organizations that provide information and TA to consumers and providers among others.



Center for  
**Connected  
Health Policy**

The National Telehealth Policy Resource Center

## Potential benefits of telehealth



Telehealth is *cost-effective*



More *convenient* for patients and caregivers



*Reduces travel time* while increasing *flexibility*



*Increases access* to care



*Better communication* among clinicians